

HOW TO BE SUCCESSFUL

A YOUNG ADULT'S ROADMAP

Define Yourself

If you don't know who you are, you will never know what you truly want.

1

Discover Your Talents

Your talents are those things that with enough practice, you can master.

2

Refine Your Vision

Make a list of everything, then choose 3 things that are most important to achieve first.

3

Know Your Limitations

Know that these things may stunt you, but they will not stop you.

4

Set Your Goals

When setting goals, it's important to remember that baby steps are everything.

5

Do the Things, Then Reward Yourself

You deserve to reward yourself after every step you take.

6

Prioritize Your Health

Eating well, exercising, and prioritizing mental health will make everything else easier.

7

Fail, Then Try Again

Failure teaches us we can get back up again, build resilience, and do better next time.

8

Know When To Pivot

Repeated failures or discontentment show us that something isn't right for us.

9

Enjoy the Journey

Whatever your end goal may be, your life is what happens along the way.

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